

# Legacy Living



## What Drives Clayton

*Legacy Estates resident Clayton Peters high-fives Elliott Elementary first-grader Donte' for completing his reading session. Story on page 2*

Spring 2017



**LEGACY**  
RETIREMENT COMMUNITIES

[LegacyRetirement.com](http://LegacyRetirement.com)

# Welcome

Spring and summer have a way of bringing people together and creating great experiences and memories. Family gatherings, barbecues, music festivals, farmers markets, sporting events; these are all frequent happenings in a vibrant, thriving community like Lincoln.

At Legacy Retirement Communities we pride ourselves on being a family-owned and -operated company and we are proud to be part of the Lincoln community. In fact, "Community" is one of our core values. Our company was born in this community. We live in this community ... we work in this community ... our children go to school in this community ... decisions that affect our company, our employees and our residents are made locally, right here in this community.

So, it should come as no surprise that we have many amazing stories to share about the Lincoln community, and some wonderful people doing amazing things within this community. In the pages ahead, you'll read stories about caring, compassionate people creating a significant impact in the lives of others. Lincoln is a special place filled with wonderful people who believe in the power of community. We are proud to be a part of the Lincoln community, and we will always work to make it better and stronger in all that we do.

Greg Joyce, CEO

## The Legacy

5600 Pioneers Boulevard  
Lincoln, NE 68506  
402.436.3000

## Legacy Estates

7200 Van Dorn Street  
Lincoln, NE 68506  
402.484.8888

## Legacy Terrace

5700 Fremont Street  
Lincoln, NE 68507  
402.464.5700

## Legacy Arbors

**Memory Care**  
3777 N. 58th Street  
Lincoln, NE 68507  
402.466.3777

Join Legacy on:



Legacy Estates resident Clayton Peters listens to Elliott Elementary first-grader Carlos read a story.

## What Drives Clayton

Faith guides Legacy Estates resident Clayton Peters' life.

It led him to become a missionary dentist in the Congo for two years and another 35 years as a dentist in Milford, Nebraska. It continues to guide him today as he mentors local prison inmates as well as elementary school students.

Clayton and his wife, Carolyn, moved to Legacy Estates in June 2013.

For the past three years, he has spent Tuesday mornings connecting with Lancaster County Corrections inmates. He is paired with his 17th mentee through Good News Jail and Prison Ministries.

The visits are friendly and help buoy both men's spirits, adding that he enjoys injecting humor, Huskers and high school sports talk into their conversations.

"I want them to know there is hope for them despite what they've done or gone through," Clayton said.

On Thursday afternoons, he takes the same joy in service with him to Elliott Elementary School. Partnering with City

Impact's intensive reading program, he spends 20 minutes each with two first-graders, Carlos and Donte', learning new words and reading stories aloud.

Clayton gives the children encouragement along the way: He lets them check the "fluent" box for the lesson if they say all the words right the first time. He gives them high-fives for beating their best time on a timed reading task. He also brags about his students' achievements.

### Did You Know?

City Impact was one of five charities that received \$1,000 from Legacy Retirement Communities in the fall 2016 Legacy's of Lincoln Challenge.

"When I was the Elliott Elementary site coordinator, I remember Clayton would call me over every week to listen to one of his students read," said Libby Moderow, City Impact Lincoln assistant communications director. "He was so proud of them. We appreciate his heart for the kids."

# How Junior Achievement Began in Lincoln

Legacy Estates resident Dan Remigio played a key role in the founding of Junior Achievement in Lincoln.

He was plant manager at Havelock's Goodyear Tire and Rubber Co. when his mentor and national JA board member, Richard Jay, called to recommend the program for Lincoln schools.

"It gets kids thinking about how businesses run," Dan said. "The activities help them to observe, listen to what others have to say and participate in a discussion."

JA classes began in fall 1971 with students from Lincoln High, Northeast, Southeast and East.

At age 96, Dan continues to serve on the JA board of directors and teach classes. His daughter and her husband, Sue and Dean Belka, teach several JA classes in Lincoln and Estes Park, Colorado, while his granddaughter taught her first JA lesson this year.

*Legacy Estates resident Dan Remigio and Junior Achievement get a thumbs-up from Zeman Elementary School kindergarteners.*



## Making Dollars and Sense Through JA

Legacy Retirement Communities residents and staff spend a few weeks each year teaching Junior Achievement in Lincoln Public Schools classrooms.



*Legacy Retirement Communities staff and residents Marian Walters, Wilma Boles and Hal Allen are just a few who have taught JA in Lincoln Public Schools this year.*

During the 2015-16 school year, JA Lincoln received help from 928 volunteers in 1,200 LPS classrooms. Of those, 38 were Legacy Retirement Communities volunteers covering 17 classrooms like those in Zeman Elementary School.

"Legacy Retirement Communities has been a great and unique partner for us," said Tera Norris, Junior Achievement Lincoln president.

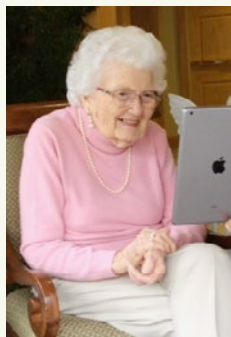
"Many of these retirees were business owners or working professionals, so they can share their own work

and life experience with the kids."

Volunteers take students through specially designed curriculum that integrates games and scenarios to help children learn financial literacy, work readiness and entrepreneurship skills. Tera said an added bonus for Legacy Retirement Communities volunteers is how much the students look forward to the lessons.

"These kids love when the residents come in and give them lots of hugs," she said. "It's like welcoming their own grandparents."

## Technology at its Best



*Legacy Estates resident Peg Hamor greets her daughter Trudy Hamor on Trudy's wedding day.*

Legacy Estates resident Peg Hamor was unable to travel to her daughter's wedding in Boynton Beach, Florida, but thanks to the wonders of technology, she was able to FaceTime with her daughter, Trudy, on her wedding day and congratulate the happy couple in their wedding attire and see the decorated venue.

"I was amazed to see where the wedding was, how it was set up and all the people there," said Peg, who has lived at Legacy Estates for a decade. "It was so nice to see them both smiling and happy on their special day."

Trudy thanks Enrichment staff for their help bringing the special moment to her mother.

"When the Enrichment team found out Mom wanted to be there but couldn't travel, they offered to take a Legacy Estates tablet up to Mom and call us the morning of the wedding," Trudy said. "My mom felt like a part of the whole experience."

The icing on the cake? Getting to watch a video of the ceremony with the married couple and other family members in the Legacy Estates theater a few weeks later.



Legacy Estates Executive Chef Keenan Cain briefs evening servers in "the huddle" prior to dinner service.

# *Farm to Fork:* Dining Program Expands Fresher, Healthier Options

Wonderful food and impeccable service set Legacy Retirement Communities' dining experience above the rest. What keeps the dining program at the top of its class though is unceasing pursuit of taste, quality and innovation.

Robert Darrah, director of dining services, leads efforts to continue elevating the Legacy Retirement Communities dining experience. At the start of 2017, all locations rolled

out extended dining hours and expanded, redesigned menus featuring fresher, healthier options.

"Our commitment to excellence means we always want to make foods that are healthier and taste better for our residents," he said. "We took a look at our program and asked what our future residents, the Baby Boomers, would want one, three or five years from now."

Robert and Legacy leaders studied industry best practices and listened to resident feedback. Dining hours were extended until 7 p.m. and the menu options were doubled for a greater variety of choices.

A key enhancement was a shift toward healthier, from-scratch cooking. Legacy Retirement Communities doubled production staff to four sous chefs per day to accommodate additional prep work for from-scratch recipes. These chefs start with fresh fruit and vegetables and slice in-house versus buying pre-cut alternatives. With Legacy's kitchens preparing staples such as freshly baked bread in-house, chefs are able to control factors like sodium and sugar, and experiment with creative seasonings.

As the growing season begins in Nebraska, Legacy Retirement Communities will buy local whenever possible.



Legacy Estates residents Clarice Orr and Marilyn Leach put in their dinner order.

# Service with a Smile

Amiable, attentive hospitality stands as a hallmark of the Legacy Retirement Communities' dining experience. Smiling servers dressed in crisp, white shirts and black bow ties cater to guests' requests at lunch and dinner.

Scott Earnest, dining services training and development coordinator, seeks to take the experience to the next level. In his newly created role, he started streamlining server training while emphasizing a family-based approach.

"Family is one of our core values," he said. "We want to build relationships with our new hires from day one."

Scott created a training manual and slideshow orientation that give new employees an overview of Legacy Retirement Communities' core values and how they fit into dining services. He provides one-on-one training



*Scott Earnest, dining services training and development coordinator, center, discusses training enhancements with Holden Snodgrass, kitchen supervisor, left, and Morgan Essman, dining room supervisor and trainer.*

on how to set up tables, take orders and serve food before they are paired with trainers for hands-on practice.

Scott joined Legacy Retirement Communities seven years ago as

an evening server before becoming sous chef and dining services coordinator. He started his new role after graduating with a bachelor's in marketing from Nebraska Wesleyan University.



*Jeremy Berg, Legacy Estates executive sous chef, carves beef tenderloin.*



*Cody Zech, Legacy Estates sous chef, slices fresh fruit.*



*Randy Reid, Legacy Estates executive sous chef, bakes zucchini bread from scratch.*

# Employee Enrichment Council Happenings: *building community inside and out*



## Valentines Warm Hearts

Legacy Arbors Memory Care staff and residents sent their love in 200 valentines to children at Lincoln's Bryan Medical Center East, CHI Health St. Elizabeth and Omaha Children's Hospital and Medical Center.



## Legacy Mission

Our mission is to enrich the life of each person in our community by continuing the legacy and pursuit of excellence established by our founder, Jerry Joyce.



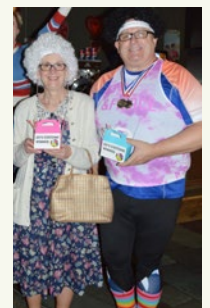
## Soups Nourish

Volunteers warmed the souls of 100 of Lincoln's homeless by serving a soup dinner at Matt Talbot Kitchen.



## Blast from the Past Bowling

Employees sported big hair, jean jackets, neon gear and leg warmers for a fun 1980s bowling night.



Bob Fey, The Legacy resident, displays wood carvings that placed first, second and third in the 2016 Nebraska State Fair.



# The Making of Masterpieces

Creating art brought joy and awards to five Legacy Retirement Communities residents.

Aged 70 and above, five Legacy Retirement Communities residents — Bob Fey, Gary Finke, Kay Hiatt, Glenn Roseberry and Julia Winegarner — collectively won 18 rosettes and ribbons in the Nebraska State Fair's first ever senior living community division. The residents showcased their talent through pieces in wood carving, painting, needlepoint, crocheting and knitting.



Glenn Roseberry, Legacy Terrace resident, poses with his tornado watercolor painting displayed at Nebraska Sesquicentennial Statehood recognition event March 3 at the Nebraska State Capitol.



Gary Finke, Legacy Estates resident, decorates his living room with needlepoint pieces he's done.

## In the Spring of Things at Legacy Arbors

The Legacy Arbors' spring fling brings staff, residents and family members together to usher in warmer weather in a carnival for all ages, typically held in mid- to late May. Bounce houses, face painting, balloons, clowns, pony rides and petting zoo animals delight children and adults alike. Familiar fair foods such as corn dogs, cotton candy, nachos, root beer floats and icies serve as a standard feature to tantalize taste buds.

Michele Carlson, Legacy Arbors activities director, said the event was founded a decade ago and has become a favorite tradition.

"Everyone gets to enjoy one another," she said. "The best part for me is watching the residents have fun — some of them even venture into the bounce house with the kids."

Because Legacy Arbors residents have memory care needs, attendance is limited to residents and family members and each resident is paired with a staff member who



provides support. Michele said, "Staff is committed to providing our residents a fun experience in a safe, controlled environment, because we want the best for them."

FAMILY • COMPASSION • INTEGRITY • COMMUNITY • QUALITY

## Legacy Terrace Group Stitches up a Storm

On a typical Thursday, laughter fills the Renaissance Room as Legacy Terrace stitching group members exchange stories or help one another with projects.

“Doing this is probably as much good for ourselves as it is for the people we knit for; it keeps our minds active,” leader Kay Hiatt, 93, said.

The group has made booties and blankets for babies. Socks and scarves for schoolchildren. Prayer shawls for those who are ill or in need of comfort.

In February, they made 76 red hats for newborns at local hospitals to raise awareness of congenital heart defects.

Many of the women learned to knit from their mothers when they were young. Kay remembered her mother knitting green vests for WWII servicemen. Finances were tight during the Great Depression and



*Legacy Terrace stitching group presents red throws to firefighters of Lincoln Fire and Rescue Station 5 as thanks for their service.*

WWII era, so their mothers sewed tablecloths, curtains and even dresses from pretty patterned fabric on flour sacks in those days.

“When my dad went to buy flour, my mom would tell him to get the same patterns so we could finish a dress,” Veronica Milburn, 88, said.

“If your neighbors had one kind

and you had another, then you traded to get the same pattern,” Harriet Rome, 94, said.

One of the group’s newest members, 80-year-old Ellen DeVries, is refreshing her crochet skills creating hats with holes for ponytails.

“Those are a hit with the kids,” she said.